

Workplace Medicine

The Shoal Bay and Anna Bay Medical Centres offer a variety of services related to the workplace.

Workers Compensation

We are the preferred provider for Workers Compensation medical services for a number of large local employers including Port Stephens Council, Jetstar, Woolworths and the Coles Group. We will see Workers Compensation injuries quickly and arrange appropriate management and return to work plans.

Our role in helping workers return to work after illness or injury is a comprehensive one and involves:

- A patient-centred approach focusing on the patient's best medium to long term interests
- Appropriate diagnosis, information and advice
- Starting from the premise that return to work is the optimal health outcome
- Recognising the link between work and health, and between clinical and occupational management
- Recognising and addressing obstacles to return to work
- Positive approach and setting expectations about return to work

For this to occur good communication between all is essential. We may be paid by the insurance companies but we work for our patients.

We have close links with local therapists, rehabilitation organisations and specialists to help us deal with more complex problems.

Pre-employment medicals

Making sure that prospective employees are fit for their new job is important for both employer and employee and is a way of reducing workplace injury.

A pre-employment medical can be very helpful and some employers insist that all their workers have such medicals.

Unfortunately, some people may fail their medical and be deemed unsuitable for a particular position for medical reasons. This can be quite upsetting for the prospective employee.

If we find a person is unfit for a certain job we will carefully and sympathetically explain to them the reasons they are unfit and make suggestions as to appropriate action they can take.

If during a pre-employment medical we find medical problems not relevant to the proposed employment we will discuss the issues and refer the patient back to their normal doctor.

We offer a range of pre employment medicals which can be tailored to employer's needs.

Assistance to employers with workplace health issues and immunisation

We are happy to help workplaces design their health and safety policies and answer any specific queries about workplace health.

We offer immunisations (mainly influenza and hepatitis A and B) to workers who may be at risk along with appropriate follow up blood tests if required.

Our rates however are very competitive and these services can be offered either in the surgery or in the workplace by one of our experienced sisters.

