

TO BOOK YOUR CLINIC  
APPOINTMENT PLEASE  
PHONE OUR RECEPTION  
STAFF, WHO WILL BE HAPPY  
TO ADVISE YOU OF OUR  
CLINIC DAYS.



WE LOOK FORWARD  
TO SEEING YOU  
AT YOUR WELL WOMEN'S  
CLINIC APPOINTMENT.

**SHOAL BAY & ANNA BAY  
MEDICAL CENTRES**

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**SHOAL BAY & ANNA BAY  
MEDICAL CENTRES**

**WELL WOMEN'S  
CLINIC**



**PAP TESTS AND  
BREAST EXAMINATIONS**

# WELL WOMEN'S CLINIC

SHOAL BAY AND ANNA BAY SURGERIES ARE OFFERING A WELL WOMEN'S CLINIC WHICH WILL CONSIST OF PAP TESTS AND BREAST EXAMINATIONS.

THIS SERVICE WILL BE BULK BILLED.



## **Please Note:**

THERE WILL BE AN ADDITIONAL COST OF \$50 IF A THIN PREP TEST IS REQUIRED

- ask if this is necessary for you.

A PAP TEST IS A SIMPLE PROCEDURE IN WHICH A NUMBER OF CELLS ARE COLLECTED FROM THE CERVIX.

THE CELLS ARE TESTED FOR ABNORMAL CHANGES.

EVERY WOMAN AGED BETWEEN 18 AND 69 YEARS WHO HAS EVER HAD SEX SHOULD HAVE A PAP TEST EVERY 2 YEARS.

WOMEN SHOULD START PAP TESTS ABOUT A YEAR AFTER THEIR FIRST SEXUAL CONTACT OR AT THE AGE OF 18, WHICHEVER COMES LATER.

REGULAR PAP TESTS SAVE MORE THAN 1,200 WOMEN FROM DEVELOPING CERVICAL CANCER EACH YEAR, BECAUSE THE TEST DETECTS ABNORMALITIES BEFORE THEY DEVELOP INTO CANCER.

MOST PAP TEST RESULTS ARE NORMAL... ABNORMAL RESULTS ARE USUALLY DUE TO CONDITIONS THAT CLEAR UP NATURALLY AND ARE EASILY TREATED.

A BREAST EXAMINATION INCLUDES INSTRUCTION ON HOW TO BE BREAST AWARE AND A GUIDE TO BREAST SELF EXAMINATION (BSE).

THE CLINIC WILL BE RUN BY OUR PRACTICE NURSES LOUISE POWERS AND SHELLY KERTESZ, WHO HAVE UNDERGONE A WELL WOMEN'S SCREENING COURSE WITH THE FAMILY PLANNING ASSOCIATION.

THIS SERVICE IS FOR WELL WOMEN ONLY.

IF YOU HAVE GYNAECOLOGY OR BREAST SYMPTOMS YOU NEED TO MAKE AN APPOINTMENT TO SEE YOUR DOCTOR.

