

WHEN YOU HAVE COMPLETED THE HEALTH QUESTIONNAIRE RELATING TO YOUR CHILD, PLEASE CONTACT THE SURGERY TO MAKE AN APPOINTMENT WITH ONE OF OUR PRACTICE NURSES TO PERFORM THE HEALTH CHECK FOR YOUR CHILD.



**WE LOOK FORWARD TO SEEING YOU AND YOUR CHILD AT THE HEALTHY KIDS CHECK APPOINTMENT.**

**SHOAL BAY & ANNA BAY MEDICAL CENTRES**

**MEDICAL CENTRES**

5 Government Road  
Shoal Bay NSW 2315  
Phone: 4981 2600  
Fax: 4984 2806



125 Gan Gan Road  
Anna Bay NSW 2316  
Phone: 4981 2600  
Fax: 4982 2592

**SHOAL BAY & ANNA BAY MEDICAL CENTRES**

**GET SET 4 LIFE**

Parents receiving Income Support Payments from Centrelink need to ensure their 4 year old child receives a health assessment from a general practitioner, otherwise part or all of their Family Tax Benefit Part A Supplement will be withheld.

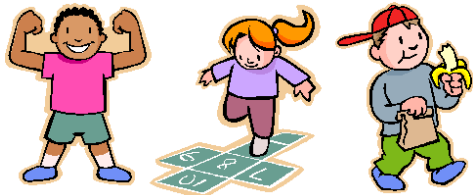
*Habits for Healthy Kids*

**Aged 3½ to 5 years old**



# HEALTHY KIDS CHECK

THIS IS A **ONCE ONLY FREE HEALTH CHECK** FOR ALL CHILDREN AGED BETWEEN 3½ AND 5 YEARS OF AGE, WHO ARE PERMANENTLY RESIDENT OR CITIZENS OF AUSTRALIA.



THE HEALTH CHECK IS PERFORMED AT YOUR CHILD'S USUAL DOCTOR'S CLINIC, BY ONE OF OUR SKILLED PRACTICE NURSES.

THE PURPOSE OF THE HEALTHY KIDS CHECK IS TO ENSURE THAT EVERY 4 YEAR OLD IN AUSTRALIA HAS A BASIC HEALTH CHECK TO ASSESS THEY ARE HEALTHY, FIT AND READY TO LEARN WHEN THEY START SCHOOL.

THE HEALTH CHECK WILL:

- ENABLE EARLY DETECTION OF LIFESTYLE RISK FACTORS, DELAYED DEVELOPMENT AND ILLNESS
- INTRODUCE GUIDANCE FOR HEALTHY LIFESTYLES
- WHERE APPROPRIATE, REFER CHILDREN AND FOLLOW UP ANY IDENTIFIED PROBLEMS.

THIS HEALTH CHECK UP WILL ALSO ALLOW YOU THE PARENT / CARER TO HAVE ANY CONCERNS REGARDING YOUR CHILD'S HEALTH AND DEVELOPMENT ADDRESSED.

ONCE YOUR CHILD HAS HAD THEIR 4 YEAR OLD PRE-SCHOOL IMMUNISATIONS, A FEW MONTHS LATER, THE SURGERY WILL SEND YOU A QUESTIONNAIRE RELATING TO YOUR CHILD'S HEALTH.

WE WOULD THEN LIKE YOU TO CONTACT THE SURGERY AND MAKE AN APPOINTMENT TO BRING YOUR CHILD IN FOR HIS/HER HEALTH CHECK.

WE WOULD ASK YOU TO BRING YOUR CHILD'S IMMUNISATION BOOK AND THE COMPLETED QUESTIONNAIRE TO THE APPOINTMENT SO WE CAN DOCUMENT THAT YOUR CHILD IS FULLY IMMUNISED.

IF YOU AND/OR YOUR PARTNER RECEIVE AN INCOME SUPPORT PAYMENT AT ANY TIME DURING THE FINANCIAL YEAR IN WHICH YOUR CHILD TURNS 4, YOUR CHILD IS REQUIRED TO UNDERGO A RELEVANT HEALTH CHECK. IF THE HEALTH CHECK IS NOT COMPLETED, PART OR ALL OF YOUR FAMILY TAX BENEFIT PART A SUPPLEMENT FOR YOUR CHILD WILL BE WITHHELD.