



SHOAL BAY & ANNA BAY MEDICAL CENTRES

TRAVEL MEDICINE ALLIANCE

Going Overseas? Book your TMA appointment NOW at Shoal Bay & Anna Bay Medical Centres.

The TMA is an Australia wide group of specialist travel clinics, who share a dedication to providing high quality travel medicine at a reasonable price. Joining the TMA allows us access to a wealth of expertise about travel medicine allowing our doctors to keep abreast of the latest developments and disease outbreaks which means we can give YOU the best possible advice when you travel.

When you go overseas it really shouldn't be a case of a doctor quickly looking up a country, getting a few shots and all will be well. Every year Australians end up in hospital overseas or worse with this type of simplistic advice. The right "shots" are important but they are never 100% and there is no immunisation against a number of important travel infections – eg Dengue Fever.

A comprehensive travel consultation may include discussion of road accidents (the most common cause of hospitalisation overseas), food safety, altitude, biting insects, sexual health, management of illness when overseas and prevention of DVTs to name but a few. It all depends not just on where you are going but what you will be doing at your destination and your personal health.

We are the only Government approved provider of Yellow Fever Vaccine in Port Stephens. A Yellow Fever vaccine is compulsory to get back into Australia if you visit tropical Africa or South America. However different countries have different rules and you need our up to date expertise when travelling to these areas.

We are well aware that **costs can get out of control for travellers**. We do not give vaccines **we consider unnecessary**. Being part of TMA allows us buying power and you will find that our vaccines and products are very competitively priced.

Travel appointments can take some time and to give you the BEST advice we have to pay for access to a number of travel websites and TMA membership. This makes it impossible to bulk bill TMA travel consultations and they are charged at our normal rate for normal or prolonged consultations.

You will need a prolonged appointment if you are going on a complicated or prolonged trip or are going to live overseas. Any subsequent visits for further immunisation for a particular trip may be bulk billed if it is very straightforward.

Ideally we would like to see you at least two months before you travel overseas, but it is never too late – even if you leave tomorrow – to get the correct advice and at least some immunisations.

Our doctors can see travel patients at any time, but Dr Don Leitch has reserved travel appointment times at Shoal Bay after 4pm on Thursdays and Dr Daniel Priest has reserved travel appointment times at Anna Bay on Mondays and Wednesdays after 4pm.

BOOK NOW. PHONE 4981 2600 AND ASK FOR A TMA TRAVEL APPOINTMENT